



# Mindful Workplace Community

## Course Evaluation Questionnaire- TEMPLATE 2

Please tell us what you think of the training provided. Your opinions, favourable or otherwise, genuinely count as all replies are collated into a report submitted to the XX Manager. The findings are reviewed, and improvements made accordingly.

Please complete this short questionnaire.

Course Title..... Date.....

Please circle the number you think most appropriate using the rating below-

1	2	3	4
Strongly Disagree	Disagree	Agree	Strongly Agree

1	I felt the course met its stated objectives	1	2	3	4
2	I felt the course was easy to follow and in a logical format	1	2	3	4
3	I found the material easy to follow and expect that the hand out/workbook will be useful in the work place	1	2	3	4
4	All my questions were answered during the training	1	2	3	4
5	I felt all exercises were explained in an easy to understand manner	1	2	3	4
6	I gained a good knowledge of the subject matter	1	2	3	4

Which part(s) of the course did you find most interesting and why?

What changes would you make to the course?

What topics/areas, if any, would you add or give more time to?

Thank you for completing this questionnaire it will help us to improve our service to you. If you would like to discuss any aspects of this course or feedback you provided please email xxx or call xxx